

AJ'S MENU 2019 FOR CARNEGIE PRIMARY SCHOOL

243 East Boundary Road, East Bentleigh VIC 3165 | Phone: 9579 0883

Sandwiches & Rolls

Sandwiches and rolls available in white,
wholemeal or multigrain

Ham	\$ 3.50
Ham and salad	\$ 4.50
Chicken	\$ 4.50
Chicken & salad	\$ 5.00
Salami (mild/hot)	\$ 3.50
Salami/Salad	\$ 4.50
Corned beef	\$ 3.50
Corned beef & salad	\$ 5.50
Roast beef & salad	\$ 5.50
Salad roll (DF)	\$ 3.50
Salad & cheese (MF)	\$ 4.00
Smoked salmon & creamed cheese (MF)	\$ 6.00
Toasted cheese & tomato (MF)	\$ 3.50
Toasted ham, cheese & tomato	\$ 4.00
Vegemite	\$ 3.00
Vegemite & cheese	\$ 3.50
Butter roll (MF)	\$ 2.00

Main Meals

Fried rice (MF)	\$ 4.00
Fried noodles	\$ 4.00
Rissole, lettuce & tomato sauce	\$ 4.50
Roast beef & rice (GF)	\$ 5.00
Chicken curry & rice - small	\$ 5.00
Chicken curry & rice – large	\$ 6.00
Chicken schnitzel – small	\$ 2.50
Chicken schnitzel – large	\$ 5.00
Chicken Schnitzel, lettuce & mayo	\$ 5.50
Quiche - bacon/vegetable	\$ 3.50
Tub of quiche & salad	\$ 5.00
Pasta –	\$4.00
Mon, Wed & Fri: <u>Red Sauce</u> – beef	
Tue & Thu: <u>White Sauce</u> - bacon	

MF – Meat Free

DF – Dairy Free

GF – Gluten Free

Healthy Choices

Sushi rolls	\$ 3.50
- Crispy chicken and cucumber	
- Tuna, cucumber and mayo	
- Vegetable -cucumber, avocado and carrot	
Vegetable rice paper roll (GF& NF) (sauce nut free)	\$ 3.00
Chicken rice paper roll (NF) (sauce nut free)	\$ 3.00
Pita rolls – vegetable/ham/chicken	\$ 5.00
Slice of cheese	\$ 0.60c
Tub of mixed salad (GF)	\$ 4.00
Tuna patties and salad roll	\$ 5.00

Desserts

Tub of fruit salad	\$ 3.50
Jelly cup	\$ 2.50
Fruit & yogurt	\$ 4.00
Fruit of the day	\$ 1.50

Drinks

Water	\$ 2.50
Orange juice	\$ 2.00
Apple juice	\$ 2.00

Friday ONLY Choices

Jumbo sausage roll	\$ 3.00
Pie	\$ 3.50
Veggie pasties (MF)	\$ 3.50
Party sausage roll	\$ 1.50
Party pie	\$ 1.50
Cheese & spinach roll (MF)	\$ 2.50
Egg & bacon pie	\$ 3.50
Hot dog with sauce	\$ 3.50
Chocolate Chip cookie	\$ 2.00
Blueberry or chocolate muffin	\$ 2.50
Rock Cake (GF & DF)	\$ 2.00

Paper bag	0.20c
Tomato sauce	0.20c

Please notify AJ's Bakery if your child has any allergies

1st February 2019