Please note the following dates in your diary

TERM 2

Tuesday 24th April
PFA Meeting—7.30pm Staff Room

Wednesday 25th April
Anzac Day Public Holiday

Friday 27th April
Assembly 9am School Hall

Thursday 3rd May
• PFA Mother’s Day Stall
• Prep Expo 2pm—3.15pm & 7pm—8pm

Monday 7th May
Blue House Rewards Day

Tuesday 8th May
House Cross Country Grades 3-6

Friday 11th May
Assembly 9am School Hall

Tuesday 15th May—17th May
NAPLAN Tests—Year 3 & Year 5

Wednesday 16th May
School Council 7.30pm Staff Room

Tuesday 22nd May
ICAS Testing—Computer

Wednesday 30th May
Curriculum Day—no school

Wednesday 6th June
ICAS Testing—Science

Thursday 7th June
School Photos Day

Monday 11th June
Queen’s Birthday Public Holiday

Tuesday 12th June to Friday 15th June
Grades 5 & 6 Camp

Tuesday 19th June
ICAS Testing—Spelling

PRINCIPAL’S REPORT

GROWING WITH THE COMMUNITY

Our mission is to inspire the self belief and motivation in students that will enable them to achieve and grow.

ENROLMENTS FOR 2013
Time never stands still and we are now taking enrolments for 2013. Parents who are aware of friends, neighbours or relatives who have a child ready to start school in 2013, please let them know that enrolments are now being taken. Mrs Thompson is planning our annual School Expo on Thursday 3rd May and we encourage prospective families to join us on this day. Mr McCarthy and I are also available to answer questions or show interested parents and students around our wonderful school at any time.

PREP EXPO FOR 2013 PREPS
We would like to invite all prospective parents for 2013 to our open afternoon and evening on Thursday, May 3rd. During the afternoon session from 2pm – 3:15pm, there will be a school tour for all followed by some presentations in the school hall. The evening session from 7pm – 8pm will be similar. During the sessions, we will be discussing the protocols and priorities of our neighbourhood boundary as outlined on our website, so all interested families should attend.

ANNUAL REPORTING
As part of accountability requirements, a report is provided to the school community each year for the previous year. This Annual Report was due to the Department of Education and Early Childhood Development by 31st March, 2012 and was presented to School Council at our March meeting. This report is available on request from the office. It will be placed on our school website shortly.
NAPLAN TESTS
On May 15th, 16th and 17th, our grade 3 and grade 5 students will be participating in the national assessment program (NAPLAN). Classroom teachers have been preparing the children appropriately to ensure the children are best equipped for coping with test conditions that are more formal than usual and could be outside the comfort zone for some. It would be helpful for parents to assist us to put NAPLAN into perspective for the children. While the tests are important and students should try hard and do their best, they are really just like lots of other assessments they do; an opportunity to see what they know, where they are up to and what they need to do next. For all students there will be questions they can do easily and some they will not be able to do yet. The nature of these assessments is such that they could cause anxiety for some children if allowed to be blown out of proportion.

NAPLAN RESULTS
These national assessments are of course meant to provide a measure of school academic performance in comparison to schools with students from a similar socio-economic background and in comparison to previous years’ assessments. In recent weeks, The Australian newspaper has published various tables, listing the comparative performance of schools across Australia based on NAPLAN results in literacy and numeracy. The Australian names Carnegie Primary as No. 91 on the list of the nation’s top 100 primary schools, Number 22 on a list of the nation’s top 50 government primary schools and Number 7 government primary school in Victoria. We are very proud of the teaching and learning that has produced such academic results. At the same time we remain determined to uphold our commitment to providing a broad curriculum, to educating the whole child, and to providing the very best pastoral care while accentuating core values of respect and inclusiveness.

EXTRA-CURRICULAR LUNCHTIME ACTIVITIES
Each lunchtime there are a wide variety of activities being offered to students. These extra-curricular activities include:

Monday:
- Junior Choir (Grade 2)
- Senior Library (3-6)
- Junior School Council (fortnightly)
- Kelly Sports.

Tuesday:
- Chess Club
- DramaTime Senior Group

Wednesday:
- Senior Choir (Grades 5 & 6)
- Junior Library (P-2)

Thursday:
- DramaTime Junior Group

Friday:
- Sustainability Club,
- Lunchtime Games (P-2)

We are appreciative of staff who oversee these activities during their lunch-time break.

MAINTENANCE WORK OVER HOLIDAYS
Over recent weeks a number of significant projects have been undertaken to ensure our school is safe and well maintained. All these were much needed but on this occasion not all are particularly noticeable to students, families or visitors.

- Creation of a new concrete crossover at our Truganini Road gates. This is not quite finished.
- Major repairs to the roof of our prep building to address a number of significant leaks which occur in wet weather
- Moving of the gas meter attached to the main building to the front of the school
- Our grounds mowed and tidied up as well as many garden beds topped up with mulch.

REFLECTING ON TERM ONE
During the last week of term one, we asked our year 3 to 6 students to reflect on their term; to let us know what they have enjoyed most, what they’d like to see occur in term 2, whether they had any concerns and whether these had been addressed. We have aimed to provide more opportunities for promotion of the ‘student voice’ along with more specific leadership opportunities. I’d like to take the opportunity to share some of their thoughts. At CPS we are committed to seeking feedback, celebrating our successes as well as focusing on learning and growing together.
promote in your kids. Here are five basic mental health habits that you can consider right now:

1. **Sleep**: Sleep is one of the building blocks of mental health and well-being. Many children and just about all teenagers are sleep-deprived at the moment. Many parents are sleep-deprived as well!!!!!! Children need between 10 and 12 hours sleep to enable proper growth and development, while teenagers need a minimum of nine hours. One of the single, most powerful strategies to improve kids’ ability to cope with stressful or changing situations is to ensure they get enough sleep.

2. **Exercise**: When my mum told me all those years ago to turn the television off and go outside and play she didn’t know that she was promoting good mental health. She just knew that physical activity was a good thing for an active, growing boy. Kids today get less exercise than those of past generations, which is an impediment to mental health. Exercise stimulates the chemicals that improve mood and release the stress that builds up over a day. An hour’s movement per day seems the minimum for kids. **How much exercise does your child receive?**

3. **Help others**: Social isolation is a huge predictor of poor mental health. Encourage your child to be connected to others and to help others in any way possible. Helping others reinforces social connectedness and the importance of being part of a community, as well as providing opportunities for positive recognition.

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**WORDS OF WISDOM**

**Treasure Your Memories**

We each have a unique album of personal memories:

Mental snapshots of the key moments of our life.

Every so often, look through your album.

Relive them.

Learn from them.

Hand them down to your kids.

Then go and add to them.

*Linda Jones & Michael McCarthy*
4. **Talk:** A problem shared is a problem halved! Talking about what’s worrying you is a great way to remove the burden of worry and reduce anxiousness. Some kids bottle up what’s inside, while others will catastrophise a situation, which can make matters seem worse. If your child or young person has a problem let him know that his concerns are important to you. Kids often can’t tell you what may be wrong, so be observant and gently ask questions to help you get a clearer picture of how they may be feeling.

5. **Relaxation:** Make sure your child or young person has a hobby or activity that relaxes them. The ability to relax and get away from the stresses of everyday life is essential. Some children who have real difficulty switching-off may benefit from practising meditation or mindfulness, but most kids just need to have the time to chill out, and they’ll relax quite naturally.

These five habits are basic common sense. However, as kids’ lives get busier these essentials get squeezed out. Here’s my recommendation to ensure that mental health habits don’t get overlooked or neglected. First, see these habits as the building blocks of mental health. Don’t ignore them or trivialise them. Talk to your children and tie these activities to their mental health but do so in your own way and in your own timeframe.

Second, assess which of these five essential habits need your attention and make some adjustments over time to push the pendulum back, if necessary, in favour of your child’s mental health.

**BIRTHDAY BOOK CLUB**

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Book Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poppy</td>
<td>Prep B</td>
<td>Queen Victoria’s Knickers</td>
</tr>
<tr>
<td>Finn</td>
<td>4A</td>
<td>Diary of a Wimpy Kid - Roderick Rules</td>
</tr>
<tr>
<td>Jacob</td>
<td>Prep B</td>
<td>Doctor Hoof</td>
</tr>
<tr>
<td>Ashley</td>
<td>Prep B</td>
<td>The Terrible Plop</td>
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<td></td>
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<td>Captain Flinn and the Pirate Dinosaurs</td>
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<td></td>
<td></td>
<td>Smugglers Bay</td>
</tr>
<tr>
<td>India</td>
<td>4A</td>
<td>Witch-The Fire of Friendship</td>
</tr>
<tr>
<td>Ruby</td>
<td>4B</td>
<td>Harry Potter and the Half Blood Prince</td>
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<tr>
<td></td>
<td></td>
<td>Little Women</td>
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</tbody>
</table>

Thank you all for these great books for our library. Happy birthday from the Carnegie Primary School community.

**SCHOOL CROSSING REMINDER**

Please ensure that children cross Truganini Road at the designated school crossing at the lights. There is no longer a school crossing at the Truganini gates and crossing here poses an unacceptable risk. Thank you.
ANZAC Learning Reflections   23.4.12

I have realised how much courage it would take to write your name down to be a soldier. I believe we should take some time during the day to think about what they have done and are still doing for us. I can’t imagine being in the army, risking my life.
Annika   5A

I used to think war was no big deal. Today I realised 16 year olds fought and sacrificed. My great grandfather was a plane fighter in WW2. Now I feel his fear as well as his three other brothers who also fought. I feel worried when I think about waking up and being in control of another country. I can’t imagine being right in front of gunfire, ready to fight, especially with a gun that was only bolt action. Today I think a lot.
Lachie C   5B

It is heartbreaking to see people that save our country have sacrificed their lives for us. I feel horrible because I have never really thought this much about the ANZACS. I can’t believe people step forward to pretty much die for other people. It isn’t really just fighting for the sake of fighting. It is fighting for their lives and countries.
Lucy 5B

Lest We Forget
Save Energy, help to save the planet.

This term's Sustainability focus across the school is to save Energy. This term we will have Earth Hour weekly. Why don't you join in and turn off for one hour at home each week? Think of all the extra reading or family play time at the park! As the weather turns cooler, make sure that you and your family use extra layers of clothes to keep you warm, so you use less energy on heating.

Nude Food Tuesday and Thursday!

Everyone has made a great effort to come with a rubbish free lunch and play lunch on Tuesdays and we are now extending this to Thursdays as well. Many families find that with a little thought and the right containers, lunches can come rubbish free every day, which is not only great for the environment but helps save money as well! If you have to bring wrappers on Tuesdays and Thursdays you will need to take them home with you in your lunch box. Of course all compost and recyclable materials can be put in the correct containers in the playground. Thanks for helping make this a success. - The Envirostars

Helping Hands Display

At the beginning of the year children considered how they could make a personal pledge to do their bit to help the environment and their handprints were decorated for a whole school mural. The many hands are a powerful reminder that we can all act to make our planet a better place. This wonderful mural will be up by next week, surrounding our 4 star sustainability accreditation. Make sure that you have a look!
ENTERTAINMENT BOOKS
Last week all children received an “Entertainment Book” to take home for families to peruse. The book is full of discount vouchers for restaurants, attractions, accommodation, and lots more. The books cost $65 of which the school receives $13 per book. If you wish to keep the book please return your payment by the end of this week. Of course you are under absolutely no obligation to purchase the book and if you don't want it, simply return it in the envelope in which it came.

MOTHER’S DAY STALL
Our annual Mother’s day stall will be held on Thursday 3rd May. There will be an assortment of gifts from which the children can choose a special something for their Mum. Gifts will be priced at $5 and under.

AUSSIE FARMERS DIRECT
Aussie Farmers are a home delivery service supplying fresh milk, bread, fruit and vegetables and lots more. If you are an existing customer you can link your account to Carnegie Primary School and 2% of your weekly shop will be donated directly back to our school. If you are not yet a customer Aussie Farmers have a selection of great deals from which you can try to see if their service is for you.
You can contact them at www.aussiefarmers.com.au

Leesa Needham
President
Opening Hours:
Before School Care  7am-8.45am
After School Care  3.30pm-6.30pm
Vacation Care  7am-6pm

Pricing Information:
Unfortunately there has been some confusion with prices for the program and I apologize for the miscommunication. These are the prices for the program for 2012

Before School Care:  $11.50 Permanent  
                     $12.50 Casual  
After School Care:  $14.00 Permanent  
                    $15.00 Casual

Contact Information:
For bookings and enquiries ring Vicky (co-ordinator)  0402 043 810
For accounts ring Shereen on 0422 803 717
Or email Admin@ylvinc.com.au

For general enquiries or concerns with the program:
Contact Sally (Area Manager) on 0402 347 432

Also some parents are having difficulty getting through to head office. For any queries, in particular concerning your account please contact my Area Manager Sally on 0402 347 432

CURRICULUM DAY-WEDNESDAY 30TH MAY
Carnegie Primary School also has a Curriculum Day coming up. It is on Wednesday the 30th of May. For the day to go ahead I need to have at least 12 children booked in to make it viable. Please advise the co-ordinator as soon as possible if you need to book your child in for this day, so that a decision can be made.

CHEERS OSHC TEAM
COMMUNITY NOTICE BOARD -
CARNEGIE PRIMARY SCHOOL DOES NOT ENDORSE THE
PRODUCT OR SERVICES, OR ANY ADVERTISEMENTS, PAID
OR UNPAID, PRINTED IN THIS NEWSLETTER

RIPPONLEA PRIMARY SCHOOL
invites you to ‘trip down memory lane’ and enjoy our

90th Birthday Fete
Sunday 6 May
10am - 3pm FETE

RIPPONLEA PRIMARY SCHOOL
25 CARRINGTON GROVE, EAST ST KILDA

90th BIRTHDAY
fete
SUNDAY 6TH MAY 2012
10am-3pm

11:30am Official ceremony
remember the past ...
celebrate the present ...
dream of the future ...

CARRINGTON GROVE, EAST ST. KILDA
AFTER SCHOOL BASKETBALL @ GESAC

**Primary: Years 1-3 Starts Fri 4 May 2012**

**Training**
For children new to basketball
Term 2 training at GESAC.
Competition from Term 3 2012

**Courts**
Glen Eira Sports & Aquatic Centre.
200 East Boundary Rd. Bentleigh East.
3 new courts.

**Teams**
Boys, Girls & Mixed Teams.
Graded Competition. Training only in Term 2 over all courts.

**Training Times**
Fridays 4:00, 4:45, 5:30pm,
Term 2, 4 May to 22 June
$70.00—8 weeks

**After-School Term 1-4**
No weekends, always midweek.
Friday - Years 1, 2, 3 (2012)
Wed - Years 4-6 (from 2013)

**Come & Try for Free**
Come & try for FREE. Fridays
Court 3 GESAC 5:30-6:15pm.
Phone First: 9585-6123

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**Year Round & After School**

*Friday - Years 1, 2, 3 (2012)*
*Wed - Years 4, 5, 6 (2013)*

15 Team now Enroled—fixture Online

Register a team or individual Online or Phone

[www.playballbasketball.com](http://www.playballbasketball.com)

Playball Basketball Tel. 9585-6123
Is your child at school or starting next year? Would you like $500 to help pay for uniforms, books, excursions or a laptop?

To be eligible you need to:
- have a Health Care or a Pensioner Concession Card
- have a child at school now or starting next year
- have some form of household income, for example, your partner or yourself may have casual, part-time, full-time or seasonal employment.

Saver Plus can match your savings for school costs, dollar for dollar, up to $500. Saver Plus is looking for new participants so enquire about signing up today!

To find out more, phone or SMS your name and postcode to 1300 610 355, or email saverplus@psi.org.au
Phillips Institute is conveniently located in the heart of the Carnegie shopping strip at 75A Koornang Road.

We offer fully accredited, nationally recognised qualifications from Certificate III to Diploma level. Our courses include:

**Certificates III & IV in**
- Aged Care (PCA)
- Disability Care
- Home & Community Care
- Health Services Assistant (PSA)
- Leisure & Health
- Training & Assessment (TAE)

**Diplomas in**
- Management
- Business
- Leisure & Health
- Training & Assessment

**Short courses/workshops in**
- Leisure & Health Activity Sessions
- First Aid
- Food Safety Handling
- Palliative Care
- Dementia Care

Contact us now for details of courses and funding eligibility:

Tel: 9572 3877

www.phillipsinstitute.edu.au

email: phillips_training@bigpond.com
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OR UNPAID, PRINTED IN THIS NEWSLETTER

Be A Star!
Interested in spreading your vocal wings?
Well come & learn to sing!

Catherine Pendelich
B. Mus, Dip. Edu (Monash Univ)

- Current professional opera singer
- Experienced singing teacher in a variety of genres
- Tuition for absolute beginners to experienced vocalists
- Five years of music & singing tutoring at Scotch College
- Individualised preparation for AMEB vocal scholarship applications
to private schools

Mobile: 0417 356 427

LOOK GOOD
FEEL GREAT!
Join Bentleigh’s Ladies Only
Health Club for just
$15 p/week*

Hurry, this amazing offer ends 15 May 2012
TRY BEFORE YOU BUY Present this voucher to receive a FREE 7 DAY PASS to experience
Summit’s friendly environment for women of all ages

- Group Fitness Classes
- Food Coaching
- Registered Crèche (Mon to Fri)
- Massage Treatments
- 29 Minute Workout Circuit
- Personal Training
- Bio-Age Testing
- Personalised Exercise Programs

*Conditions Apply

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HEALTH CLUB
TOTAL FITNESS FOR WOMEN ONLY

IMPROVE YOUR FITNESS
Summit Health Club has a team of professionals who can tailor an exercise program to suit your particular needs & time constraints

Ph. 9576 5557
www.summithc.com.au
555 Centre Road, Bentleigh 3204
Carnegie Netball Club

San Remo

netsetgo!

Junior Netball
Accredited Centre

Starting 3rd May 2012
Thursday Afternoons
3:40–4:30pm
for 7 weeks at
Carnegie Primary School
6–8 years old

Register Now

$60 cost includes:
NetSetGO! Sports bag
NetSetGo! Activity Book
Gilbert Size 4 Netball
Holden Drink Bottle
San Remo Sandwich Box & Snack Pod
Melbourne Vixens Name Tag

www.carneginetballclub.com.au
carneginetballclub@gmail.com
For more details call Liz 0412 643 730