

# AJ'S MENU 2018 FOR CARNEGIE PRIMARY SCHOOL

243 East Boundary Road, East Bentleigh VIC 3165 | Phone: 9579 0883

## Sandwiches & Rolls

Sandwiches and rolls available in white,  
wholemeal or multigrain

Ham	\$ 3.50
Ham and salad	\$ 4.50
Chicken	\$ 4.50
Chicken & salad	\$ 5.00
Salami (mild/hot)	\$ 3.50
Salami/Salad	\$ 4.50
Corned beef	\$ 3.50
Corned beef & salad	\$ 5.50
Roast beef & salad	\$ 5.50
Salad roll <b>(DF)</b>	\$ 3.50
Salad & cheese <b>(MF)</b>	\$ 4.00
Smoked salmon & creamed cheese <b>(MF)</b>	\$ 6.00
Toasted cheese & tomato <b>(MF)</b>	\$ 3.50
Toasted ham, cheese & tomato	\$ 4.00
Vegemite	\$ 3.00
Vegemite & cheese	\$ 3.50
Butter roll <b>(MF)</b>	\$ 2.00

## Main Meals

Fried rice (MF)	\$ 4.00
Fried noodles	\$ 4.00
Rissole, lettuce & tomato sauce	\$ 4.50
Roast beef & rice <b>(GF)</b>	\$ 5.00
Chicken curry & rice - small	\$ 5.00
Chicken curry & rice – large	\$ 6.00
Chicken schnitzel – small	\$ 2.50
Chicken schnitzel – large	\$ 5.00
Chicken Schnitzel, lettuce & mayo	\$ 5.50
Quiche - bacon/vegetable	\$ 3.50
Tub of quiche & salad	\$ 5.00
Pasta –	\$4.00
Mon, Wed & Fri: <u>Red Sauce</u> – beef	
Tue & Thu: <u>White Sauce</u> - bacon	

**MF – Meat Free**

**DF – Dairy Free**

**GF – Gluten Free**

## Healthy Choices

Sushi rolls	\$ 3.50
- Crispy chicken and cucumber	
- Tuna, cucumber and mayo	
- Vegetable -cucumber, avocado and carrot	
Vegetable rice paper roll <b>(GF&amp; NF)</b> (sauce nut free)	\$ 3.00
Chicken rice paper roll <b>(NF)</b> (sauce nut free)	\$ 3.00
Pita rolls – vegetable/ham/chicken	\$ 5.00
Slice of cheese	\$ 0.60c
Tub of mixed salad <b>(GF)</b>	\$ 4.00
Tuna patties and salad roll	\$ 5.00

## Desserts

Tub of fruit salad	\$ 3.50
Jelly cup	\$ 2.50
Fruit & yogurt	\$ 4.00
Fruit of the day	\$ 1.50

## Drinks

Water	\$ 2.50
Orange juice	\$ 2.00
Apple juice	\$ 2.00

## Friday ONLY Choices

Jumbo sausage roll	\$ 3.00
Pie	\$ 3.50
Veggie pasties <b>(MF)</b>	\$ 3.50
Party sausage roll	\$ 1.50
Party pie	\$ 1.50
Cheese & spinach roll <b>(MF)</b>	\$ 2.50
Egg & bacon pie	\$ 3.50
Hot dog with sauce	\$ 3.50
Chocolate Chip cookie	\$ 2.00
Blueberry or chocolate muffin	\$ 2.50
Rock Cake <b>(GF &amp; DF)</b>	\$ 2.00

Paper bag	0.20c
Tomato sauce	0.20c

Please notify AJ's Bakery if your child has any allergies